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SOUTH ASIA



**EARTHQUAKE
APPEAL**

**HOW TO MAKE
A DONATION**

You can make a donation to the appeal through any branch of the HSBC bank which should be paid into:

T&A South Asian Earthquake Appeal, Account No: 33924556 branch sort code 40-13-15

You can also send cheques or postal orders c/o Anne Dransfield, Editor's Secretary, Telegraph & Argus, Hall Ings, Bradford, BD1 1JR. Cheques should be made payable to: T&A South Asian Earthquake Appeal.

Nazim runs for victims

A Bradford man is hoping to boost funds for victims of the Asian earthquake appeal by running the Edinburgh marathon in June.

Nazim Ali, 25, of Manningham, decided to take part in the 26.2 mile race after being moved by the tragic scenes of earthquake survivors on the television.

"I thought about doing something when it first happened but I was completing my dissertation," he explained.

"It's hard to watch on television, it's really upsetting."

So now that Mr Ali has finished his management master's degree from York University he plans to dedicate the next four months to training for the marathon and fundraising.

When the earthquake struck in October last year, Mr Ali's mother and younger brother were visiting relatives in Kashmir.

"Although they weren't in an area that

was affected by the earthquake they did feel it as well as the many aftershocks," he said.

Mr Ali has previously taken part in the London marathon in 2002, on behalf of Whizz Kids, a charity which provides mobility equipment for disabled children. He managed at time of four hours, 52 minutes and 52 seconds, despite only training for two months.

This time he plans to take training much more seriously.

"The main thing is really raising as much money as possible. As long as I finish the race - it's for a great cause and that will be my motivation for the training and the race," he said.

The money raised from Mr Ali's efforts will be used by the Bradford-based Human Relief Foundation to pay for food and other supplies for the 2,116 people living in a tented village set up by the charity.



EFFORT: Nazim Ali in training, top, and, inset, with his collecting tins